



# Port Moody Times

Thursday  
November 14, 2024  
Day 2

## LEARNING UPDATES

The Learning Updates have been published on MyEd. If you have any questions, please contact your teachers directly.

## LOST & FOUND

There are tables set up with Lost & Found items by the front entrance near the MPR. Please take a look during lunch or after school if you have lost anything this school year. Any unclaimed belongings will be donated.

**STUDENTS TO OFFICE** – *please come by the office during lunch or before/ after school*

**(Student Photo ID):** Bryce B., Mariia C., Sophia H., Margo K., Lily M., Kai O., Thomas W., Brody W., Zerek W. & George W.

## ROBOTICS PRESENTATION

We're pleased to share an update on the PMSS Robotics Team's recent outreach event at Miller Park Elementary School in celebration of National STEAM Day (November 8th)

The team presented and demonstrated their robots, sparking enthusiasm and curiosity among both students and teachers. We saw high engagement, with students actively participating, asking questions, and showing strong interests in robotics and technology. Teachers were also expressing their excitement for the opportunities that STEAM education brings to their classrooms.

This presentation was great way to connect with the community and inspire young minds.



## PHILOSOPHER'S CAFÉ

Are you interested in learning about the ethics of robotics and AI? SFU Professor Lyle Crawford will be joining us on Tuesday, November 19<sup>th</sup>, 2024 at 3:30pm in the Library to discuss this topic. There will be free snacks provided! Sign up now: <https://forms.office.com/r/JkBLn39KsR>

**BLUES RUN CLUB (SUN RUN)**

Are you an amateur runner or wanting to break a new personal best? Join the Blues Run Club 10k Sun Rype Youth Team Challenge with Port Moody Secondary next April! Students + friends and family welcome! (signing up with us is cheaper than individual pricing). Contact [088-jryu@sd43.bc.ca](mailto:088-jryu@sd43.bc.ca) for more information.

**CLUBS AND CLUB MEMBERS**

Yearbook is now starting on the club section, please take your own photos as there are 60+ clubs and you have a better understanding of your club / particular events. We will only print the first 40 clubs who respond meaning? We will need 2-3 photos (cell phone shots are fine) and a short write up. If you would rather have the yearbook staff take one of your group shots, let us know. Direct all questions, photos and a short write up with the name of your club to [088-JYANG3@sd43.bc.ca](mailto:088-JYANG3@sd43.bc.ca). QR code below. DEADLINE: DEC. 1ST.



**YEARBOOKS**

The PMSS 2024-2025 yearbooks are now available for purchase. They are \$60 per yearbook and can be purchased on Cash Online. They sold out very quickly last year so don't delay in getting one before they sell out.

Yearbook Name Verification. Please check the spelling of your name, and if incorrect or if you prefer a different name for the yearbook, make the changes next to your name on the list. Last name first, first name last. The list is found in the MPR room, and you have until the first week of November to make the changes.

**TUTORING CLUB IS BACK!**

Looking for some help with your classes? The student tutors at the Tutoring Club would love to help. We are available Tuesdays and Thursdays during lunch, Block 5 and after school. Lunchtime tutoring sessions take place in room 311, and Block 5/after school sessions are in the Youth Worker room—directly across from the Library Learning Commons. It's a drop-in program, you don't need to sign-up for tutoring! If you're interested in being a tutor, please see Ms. Nembhard in the office.

**VOLUNTEER TUTORS NEEDED—TUTORING CLUB**

If you are interested in helping out your fellow students by being a tutor with the Tutoring Club, please complete the following Forms (letting us know the dates, times, courses that would be best for you). Ms. Nembhard will reach out to let you know more about the club.

<https://forms.office.com/r/JupaqXVAKJ>

**ONGOING**

**MORNING STUDENT DROP OFF**

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

**TRANSLINK**

- As Translink is increasingly busy, please keep the following in mind when you are taking public transit.
- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
  - Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
  - With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
  - Other bus riders may not want to hear your conversation—keep the volume down.
  - You might miss the bus, or it might be full. Another one will be along soon.
  - If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that it safe for everyone!

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

**PARENT FORMS & STUDENT FEES:** School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.



STUDENT INFORMATION VERIFICATION FORMS

This is a reminder for parents/ guardians to log onto their MyEd parent portal to view their student information verification form. If any changes are to be made, please make corrections on a printed form and return it to the office.

GR. 12 OFF-BLOCK STICKERS

Gr. 12 students who need an off-block sticker can pick them up at lunch or after school at the office. Please bring your Go-Card and a copy of your schedule.

**PMSS TIMES:** The PMSS Times will be distributed on *Tuesdays* and *Thursdays*. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

**Main Office.** Open from 8:00am – 3:30pm Monday-Friday.  
**Questions?** Email Ms. Chang at [mchang@sd43.bc.ca](mailto:mchang@sd43.bc.ca) or call 604-939-6656 ext. 2013.  
**How to keep up with the news?** Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram or X (Twitter) account @pmsstransitions! Don't forget to check out the [PMSS Online Career Centre website](#)

Post-Secondary workshops and info sessions

For current and ongoing opportunities, please visit [HERE](#)  
**Port Moody Secondary Post-Secondary Info-Sessions:** Check out the time/date/location for when you can learn about each school and ask representatives questions!

| School/ Program/ Event        | Date               | Time                    | Location                     |
|-------------------------------|--------------------|-------------------------|------------------------------|
| SFU - Criminology             | November 14th 2024 | 5:00pm - 6:00pm         | <a href="#">ZOOM MEETING</a> |
| University of Waterloo        | November 19th 2024 | 8:56 – 9:22am (flex)    | Drama Room                   |
| UBC MD Faculty of Medicine    | November 26th      | 7:00pm - 8:00pm         | <a href="#">ZOOM LINK</a>    |
| SFU Beedie                    | November 28th      | 11:58 - 12:40pm (lunch) | Library                      |
| UVic's Faculty of Engineering | November 29th      | 12:20pm - 1:15pm        | MPR (Booth)                  |
| UBC Sauder                    | November 29th      | 5:00pm - 6:00pm         | <a href="#">ZOOM LINK</a>    |
| Langara                       | December 4th 2024  | 11:56 – 12:36pm (lunch) | Drama Room                   |

General Learning Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

**National Portfolio Day** is back on **Saturday Nov 16th at 11am** at Emily Carr Emily Carr 520 East 1st Avenue, Vancouver. It's an opportunity to meet with representatives from colleges and universities accredited by the National Association of Schools of Art & Design and have your portfolio reviewed. Click [HERE](#) for more info or to register

**\*NEW\* SFU – North American Computational Linguistics Olympiad (NACLO)** is happening on Thursday, January 23<sup>rd</sup>, 2025 from 9:00am – 12:00pm at SFU’s Burnaby campus! [NACLO](#) is a fun and educational contest for U.S. and Canadian high-school students in which contestants compete to solve compelling and creative puzzles in linguistics and computational linguistics. Requiring no previous knowledge of linguistics, languages, or computing, the puzzles can be solved by analytic reasoning alone, and serve as a stimulating introduction to the field of linguistics. This first round is open to all high-school students! For more info, or to register, click [HERE](#)!

**Junior Firefighter Program** is open to any Gr. 11 & 12 SD43 students to give students a true understanding of the basic components both physical and educational of Fire Rescue’s basic training for new recruits. The educational component will test the applicant’s knowledge learned in the classroom of firefighting equipment, fire behaviour and fire tetrahedron and the products of combustion, to name a few. The practical component of the program will test the applicant’s strength, endurance and teamwork skills. Some examples may include: dragging charged hose lines, carrying ladders in a group, climbing the four-story hose tower and cutting up cars in teams using the “Jaws of Life”. Coquitlam Fire Rescue runs from March 14-21, and Port Moody Fire Rescue Runs from April 23-26. If interested, please appl using the form found [HERE](#) by December 6<sup>th</sup>!

**Youth Justice Link – Guide to Law School Presentation (online)** is happening on November 14<sup>th</sup> from 6:30 – 7:30pm. This free event will include information on pathways to alw school and how youth can start thinking about a career in law. Students will have the opportunity to meet law students from UBC, TRU and UVic. To register, click [HERE](#)!

**Vancouver Film School – In Production Bootcamp** is happening on the Nov 29-Dec 1<sup>st</sup> weekend (cost: \$150 + tax). Attend an Ask Me Anything event with Emmy-nominated director, writer and producer, Ron Oliver, and experience working on a professional TV set as writers, actors and directors collaborate to bring a short scene to life in just 2 days! This is an incredible opportunity to gain practical experience that you can take with you into your career. If interested, or would like more info, click [HERE](#)!

**EA Teen Animation Scholarship Program** is a program where students learn the methods, techniques, and technologies used in animation and have the rare opportunity to learn from experienced industry professionals and hear from guest EA lecturers. If you are an artist aged 15-19, and have a passion for animation, a talent for storytelling, and will be able to be committed to the program dates of January 14, 2025- May 20, 2025 on Tuesdays 4:30 – 7:30, look for more info or apply [HERE](#). This program will be located on the Arts Umbrella Granville Island location, and full scholarships will be awarded to all students who are accepted. Apply by Dec 2<sup>nd</sup> 2024 to be considered.

**University of Victoria – AI 101 – Using Artificial Intelligence in University and your Career** is inviting all Gr. 9-12 students to attend a free online AI workshop hosted by UVic's Gustavson School of Business. Dr. Andrew Park will introduce how these modern AI systems work, including hands on demos of text, image, audio and video generation. He will discuss the future of AI and how you can be best prepared to take advantage of its capabilities as you move to the next stages of your education and careers. This will take place Thursday November 14 or Wednesday November 20<sup>th</sup>. If interested, please register [HERE](#)!

### **Trades and Apprenticeship Information**

For current and ongoing opportunities, please visit [HERE](#)!

### **Volunteer/Employment Opportunities**

For current and ongoing opportunities, please visit [HERE](#)!

**\*NEW\* 11<sup>th</sup> Annual Ugly Christmas Sweater Dash** is looking for volunteers to help-set up or decorate their untimed 5km run/walk at Spirit Park in Anmore on December 6<sup>th</sup> & 7<sup>th</sup>. If interested, please click [HERE](#)!

**Run Rudolph Run Race** is looking for volunteers for Saturday December 7, 2024 from 9:30am -1:00pm at Mundy Park. Duties include medals handing out, serving water at water stations, flaggers, set-up and take down. If interested, click [HERE](#)!

**Low Entropy Foundation – Thrift & Thrive Future Leaders Internship Program** is accepting applications from youth 16-24 for their January – April 2025 cohort. Join us for a free, fun and hands-on retail internship at our thrift store! Our program aims to empower youth through building retail and customer service skills, mentorship and community engagement. If you'd like more info, or to apply, click [HERE](#)!

**City of Coquitlam – Park Spark Light Brigade** is looking for volunteers of all ages and abilities to help fabricate and install lights around Lafarge Lake! As a volunteer, you can help transform our parks into a winter wonderland for the much loved annual light displays. There are sessions daily from Nov 12 – 22<sup>nd</sup> at 10:30am – 12:00pm, 1:00pm – 2:30pm and 3:00 – 4:30pm. For more information about Park Spark, click [HERE](#). To register to volunteer, email [parkspark@coquitlam.ca](mailto:parkspark@coquitlam.ca) or drop by the Town Centre Community Plaza.

**Friendly Forest Pre-School** is hosting their annual Santa Breakfast on **Sunday December 1<sup>st</sup> from 8am – 1pm** at the Anmore Hub and are searching for some volunteers (all grades welcome). Details will include setting up the Christmas decor, help with the registration desk, helping children with the craft table - includes ornament decorating, winter wishlists, colouring - clearing plates, clean-up etc, and take down of the set-up/ decor at the end. Breakfast for all volunteers are included, and volunteers will have a letter documenting their volunteer hours. To volunteer, contact [social@friendlyforestpreschool.com](mailto:social@friendlyforestpreschool.com)

### **Scholarship / Awards**

For current and ongoing opportunities, please visit [HERE](#)!

**TD Scholarship for Community Leadership** (valued up to \$70,000) is open until **November 13<sup>th</sup>, 2024**! If you are a Canadian/ Permanent resident Gr. 12 student who has demonstrated community leadership and have a minimum grade average of 75%, please consider applying [HERE](#)!

**\*NEW\* Langara Dean's Excellence Scholarship** (valued at \$2500 to use at Langara College) is open for applications until January 31<sup>st</sup> 2025 at 4:00pm. If you are a Gr. 12 student who was conditionally admitted to Langara College and earned 80% GPA in Gr. 11 at a BC high school, consider applying [HERE](#)!

**Beedie Luminaries Shine Gr. 12 Scholarships** (valued up to \$44,000/ student for 4 year undergrad degree or up to \$22,000/ student for 2 year college diploma/ certificate or trade-school foundation program AND access to Student Success Program, Peer Group support, access to mentors and summer paid internship opportunities) is open until December 16<sup>th</sup> 2024. If you are a Canadian or permanent resident in Gr 12, with a minimum average of 75%, plan to be a full-time student and use the funding for post-secondary education, is applying to one of the 25 BC post-secondary institutions or trade schools and can demonstrate you and/or your family's financial adversity and how it affected you, consider applying [HERE](#)!

**Beedie Luminaries BUILD Scholarship** (valued up to \$20,000 per student towards the completion of a Red Seal Certification AND Apprenticeship, Digital Community, Workshops & Events to BCIT) is open until December 16<sup>th</sup> 2024. If you are a Canadian citizen, permanent resident, immigrant or refugee living in BC planning on getting your Red Seal Certification from BCIT, and have faced financial and/ or other life adversities, consider applying [HERE](#)!

**SFU Uggla Family Scholarship** (valued at full-tuition and fees at SFU, including textbooks and materials, co-op, on-campus housing fees, and on-campus meal plans) is open until January 20<sup>th</sup>, 2025. If you are a Domestic Canadian student admitted for the fall term to any undergraduate degree and face significant financial barriers to participation in

post-secondary education (this may include students who identify as Indigenous, Black, or a person of colour, students living with disabilities, LGBTQIA2S+ students and students of all gender identities), consider applying [HERE](#)!

**Be the Light Society Scholarship 2024/25** (value: \$2500) is open until February 21<sup>st</sup> 2025. If you are a graduating female of South Asian descent, have financial need, community involvement and are intending to attend post-secondary (universities, colleges and trade programs), apply [HERE](#)!

**BCSTA Student Citizenship Scholarship** (Valued at \$750) is open for applicants until March 2<sup>nd</sup> 2025. If you are a graduating Gr 12 student planning to attend a recognized post-secondary institution or skills and career training program and have displayed exemplary citizenship within your school/ community, consider applying [HERE](#)!

**2025 WorkSafeBC Student Safety Video Contest** (valued at \$2000) is open until Tuesday April 1, 2025. Any BC student in gr. 8-12 is eligible to enter. Students need to submit a video with the theme “Show up, speak up for safety”. For more information/ apply, click [HERE](#)!

**Terry Fox Humanitarian Award** (value: \$28,000) is open to all Canadian students or landed immigrants graduating from high school in good academic standing and involved in voluntary humanitarian activities (for which they have not been compensated) and are planning to study towards their first degree or diploma at a Canadian post-secondary institution. If interested, apply [HERE](#) by December 1<sup>st</sup>, 2024.

**BC Cowboy Heritage Society Scholarship** (Value: \$500) is open to all BC residents about to enter or continue a program of study at a post-secondary education institution in BC and is willing to submit a short story, original artwork or original cowboy craftwork with a theme of BC Cowboy and ranching heritage. If interested, apply [HERE](#) by December 31<sup>st</sup> 2024.

## PARENTS

**PMSS 2024-2025 SCHOOL CALENDAR:** Please click [HERE](#) for the 2024-2025 School Calendar

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

## COMMUNITY

### {MEDIClover}

“A teenager from Fraser Valley is the 1st person to have contracted virus in Canada”. Last Friday, November 8th, “The first presumptive human case of contracted avian flu in Canada was admitted to the hospital.”

Woah, before we start panicking, it is vital to understand what this unusual virus is.

Avian Flu, also known as bird flu! Contact with sick poultry or their environment is the most common way for people to contract bird flu. However, there are fewer cases than 1,000 known reports of bird flu in humans worldwide since it was first identified in 1997! It may seem like a minor virus, but it is crucial to know sanitary procedures just in case.

It’s very simple.

Avoid contact with wild birds and animals, including livestock (like cattle and goats) that may be sick or infected; this includes not touching, feeding, or handling them.

Let’s stay safe in our daily lives.

Want to learn more about the avian virus case? Read this article: [CBC Article](#)

How does drinking from a young age have a tremendous effect on our lifetime? Check this article out.: <https://bbc.com/future/article/20240228-how-alcohol-affects-teens-and-young-adults-brains>



**COQUITLAM  
YOUTH VOLLEYBALL  
U13/U14 GIRLS  
2025 CLUB  
TRYOUTS**

**NOVEMBER 23RD & 24TH 2024**

**INQUIRE FOR MORE  
INFORMATION AT:**

**[raptorsvolleyball.ca](http://raptorsvolleyball.ca)**

**E: [raptorsvballclub@gmail.com](mailto:raptorsvballclub@gmail.com)**

**T: (604) 961-9425**

